**For A Nurse**

 **by John O’ Donohue**

In this fragile frontier-place, your kindness

Becomes a light that consoles the brokenhearted,

Awakens within desperate storms

That oasis of serenity that calls

The spirit to rise from beneath the weight of pain,

To create a new space in the person’s mind

Where they gain distance from their suffering

And begin to see the invitation

 To integrate and transform it.

May you embrace the beauty in what you do

And how you stand like a secret angel

Between the bleak despair of illness

And the unquenchable light of spirit

That can turn the darkest destiny towards dawn.

May you never doubt the gifts you bring;

Rather, learn from these frontiers

Wisdom for your own heart.

May you come to inherit

The blessings of your kindness

And never be without care and love

When winter enters your own life.

O’ Donohue, John, To Bless the Space Between Us (2008), Doubleday, New York.